# Safeguarding Update Letter

March 2024

Welcome to our very first safeguarding newsletter. This will be issued every half term. Our aim is to raise awareness of current issues, to let you know how we are addressing them and to inform you of things you can do to help as well as signposting you to support.

#### Did you know there are five members of the safeguarding team here at Haydon? Meet the team below:



Mr Brinnand Designated Safeguarding Lead I'm Sam Brinnand, and I am the Safeguarding Lead at Haydon. I am one of the Assistant Headteachers and teach History and Geography. This is my second year at Haydon, having joined in September 2022. I previously worked in schools in East London. Before working in schools, I was a Train Station Manager. I am married, grew up in Manchester and love running and cycling.



Miss Sams Deputy Designated Safeguarding Lead Hey, I am Donna Sams. I am your deputy safeguarding lead at Haydon.I have only been at Haydon since January 2024 and am honestly loving every minute of it. I have worked in education for 19 years working in behaviour, special educational needs, family support, mentoring, mental health and safeguarding. I have two grown-up children and in my spare time, I run an exercise class.



Hello, My name is Lisa Wyatt and I am one of the Deputy Designated Safeguarding Leads. I have worked at Haydon School for 17 years and worked in many roles such as Learning Mentor and Behaviour Manager as well as in Safeguarding. Both my Son and Daughter are old Haydonians and are now grown up. I have two lovely grandchildren who may even attend Haydon School one day! I love all things creative. Art,

Ms Wyatt

Deputy Designated Safeguarding Lead



**Mr Kidd** Deputy Headteacher

Hello, I'm Sam Kidd, and as well as being on the safeguarding team, I am one of the Deputy Headteachers at Haydon. I've been at Haydon for about 14 years, and in that time have been a Head of Year, Assistant

cooking, theatre and singing but promise never to try them all at once!

Headteacher, and now Deputy Headteacher. I joined as a Maths teacher having left my previous school in Bath, where I worked for a short amount of time after teacher training in Manchester, where I grew up. Outside of work I spend the vast majority of my time looking after my 3 young children!



Mr D Gosling Assistant Headteacher

Hello, I'm David Gosling and I've worked at Haydon for around 18 years (I've lost count!). I've been an Assistant Headteacher for about 8 years, and working with young people is a real passion of mine. I'm grateful to have found a career that allows me to do this every day. I currently lead Haydon School 6th Form and really enjoy the challenge this gives me, particularly when ensuring all our students leave us with the very best career options open to them. At home, I love sports, eating good food and looking after my young family, although with two little children, sometimes that can be harder work than my job!



### Things we have done



This term, we were proud to host the Your Life You Choose Programme. This was run as a series of workshops for our year 7's over the course of the day and targeted issues such as drugs, crime and county lines. We were lucky enough to have many professionals involved in this project, including the Youth Justice Team, London Ambulance Service and the police.

In addition to this, we have conducted a number of searches in order to tackle the ongoing issue of vaping and would like to take this time to thank you for your support with this. We have also worked closely with our safer schools officer PC Darren Roe and the London Transport Team in order to tackle anti-social behaviour. We want our children to grow up well-educated both academically and socially and will strive to make sure this happens.



## Hot topics



#### Social Media

According to a recent Ofcom report\*, what percentage of children have had a social media account setup for them by a parent below the age of 11?



the top five most popular being: YouTube (33%), TikTok (18%), WhatsApp (17%), Snapchat (14%) and Facebook (9%). It's worth noting that on 11th April 2024, WhatsApp is changing their minimum age to allow children aged 13+ to use the service (down from 16). WhatsApp offers end-to-end encryption – a security feature that scrambles messages to ensure no one can view the contents.

On fact, almost ALL social media platforms require a minimum age of 13. This means that if your child is in year 7 they SHOULD NOT have a social media account.

#### Gaming

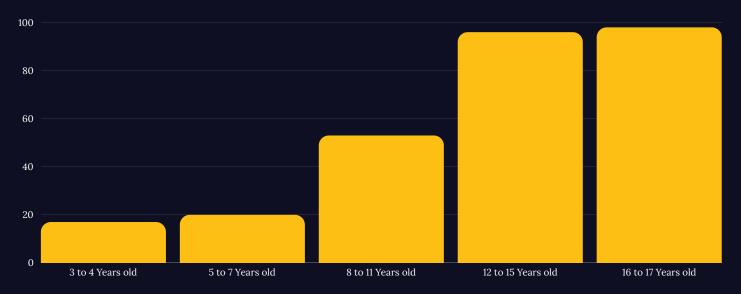
How much do children (aged 8 - 17) spend on video games (including in-app purchases)?



The Insights Family\* data (Ofcom, 2023) suggests that children aged 8-17 who spent money on video games (including in-app purchases) had spent an average of £38 in the past month.

#### Mobile Phone Ownership by Age

Children and parents: media use and attitudes report 2023 (Ofcom), page 7, shows ownership of a smartphone as:





#### What do you know about vaping?

Since 2021 the proportion of children currently vaping has been greater than those currently smoking (7.6% compared to 3.6% in 2023). Current use of ecigarettes among 11-17-year-olds is considerably higher among current smokers (57%) than former smokers (42%) or never smokers (2.3%). Illegal vapes are being sold containing THC, Spice (a synthetic and extremely dangerous form of synthetic/man-made cannabis) and even crack cocaine!! In Hillingdon, 6/12 children have been hospitalised in the last two months, as a result. Please click the link below to find out more.

https://www.uhs.org.uk/\_site/data/files/safeguarding/2A5BC859D026F3 D9C995ABC8CB301357.pdf

#### KISS - Keep it Safe 'n' Sorted

Sexual Health & Well-Being drop-ins

#### Local Hillingdon Support Services:

If you are concerned about any young person who may need support, advice or treatment around drug or alcohol use, please contact SORTED at 01895 277222, <u>https://www.uk-rehab.com/rehab-locations/london/sorted/</u>

For those over 18s who would like support, advice or treatment around any drug or alcohol use, please get in touch with ARCH on 0203 838 7850 or arch.hillingdon@nhs.net.

For advice and support to stop smoking, please get in touch with the Smoking Cessation Team on 0203 838 7858 or access the link below: <u>https://www.cnwl.nhs.uk/services/mental-health-services/addictions-and-substance-misuse/arch-hillingdon</u>.

The service provides behaviour change support and advice on youth vaping. For more information, visit <u>https://stopsmokinglondon.com/</u> or call 0300 123 1044 to speak to a trained advisor (9 am to 8 pm, Monday to Friday, and 11 am to 4 pm on weekends).

# Safeguarding is everyone's responsibility