

The logo for Support Young Carers Trust is a solid orange rectangle. Inside, the words "SUPPORT", "YOUNG", "CARERS", and "TRUST" are stacked vertically in a bold, sans-serif font. "SUPPORT" and "YOUNG" are in dark blue, while "CARERS" and "TRUST" are in white. A thin white horizontal line is positioned below the word "TRUST".

**SUPPORT  
YOUNG  
CARERS  
TRUST**

Carers Trust Hillingdon is delighted to be working with Haydon School to provide information, advice and support to young carers and their families. Young carers are children and young people aged from 5 – 25 years old who help to look after someone in their household who has a disability, mental or physical ill-health or misuses substances. This could be a child caring for a sibling with autism, a mother with depression, a father with cancer or even a grandparent with dementia. We are a registered charity and our aim is to reduce the impact that caring can have on a young person by providing free trips and activities, youth clubs, workshops, and support for young carers in school through 1:1 or small group work. If you would like further information, please speak to **Ms Lisa Wyatt** in school **0208 4290005 Ext.133** or contact **Carers Trust Hillingdon** on **01895 811206**.