

Programme ideas: Skills section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at **DofE.org/skills** and there is a range of exciting opportunities to help you complete this section at **DofE.org/finder**.

It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Performance arts Ballet appreciation Ceremonial drill Circus skills Conjuring & magic Majorettes	Physics Rocket making Taxonomy Weather/meteorology Website design Zoology	 Music appreciation Playing a musical instrument Playing in a band Reading & notating music Understanding music in relation to history & culture
☐ Puppetry ☐ Singing	Care of animals	Natural world
Speech & drama Theatre appreciation Ventriliquism Yoyo extreme	Agriculture (keeping livestock) Aquarium keeping Beekeeping Caring for reptiles Dog training & handling	☐ Agriculture ☐ Conservation ☐ Forestry ☐ Gardening ☐ Groundsmanship
Science & technology Aerodynamics Anatomy App design Astronomy Biology	 ☐ Horse/donkey/llama/alpaca handling & care ☐ Looking after birds (i.e. budgies & canaries) ☐ Pet care – health/training/maintenance 	Growing carniverous plants Plant growing Snail farming Vegetable growing Games & recreation
☐ Botany ☐ Chemistry ☐ Coding/ programming	Pigeon breeding & racing Music	☐ Cards (i.e. bridge) ☐ Chess ☐ Clay target shooting
☐ Ecology ☐ Electronics ☐ Engineering ☐ Entomology ☐ IT ☐ Marine biology ☐ Oceanography ☐ Paleontology	Church bell ringing Composing DJing Evaluating music & musical performances Improvising melodies Listening to, analysing & describing music	Coxing Cycle maintenance Darts Dominoes Fishing/fly fishing Flying Gliding Go-karting

Historical period re-enacting	□ Criminology	□ Fabric printing
☐ Kite construction & flying	Dowsing & divining	☐ Feng Shui
☐ Mah Jongg	Fashion	☐ Floral decoration
Marksmanship	Forces insignia	French polishing
☐ Model construction & racing	Gemstones	Furniture restoration
☐ Motor sports	Genealogy	Glass blowing
Power boating	Heraldry	Glass painting
Snooker, pool & billiards	History of art	☐ Interior design
Sports appreciation	Language skills	☐ Jewellery making
Sports leadership	☐ Military history	☐ Knitting
Sports officiating	Movie posters	Lace making
☐ Table games	Postcards	Leatherwork
War games	Reading	Lettering & calligraphy Macramé
1.4	Religious studies	
Life skills	Ship recognition	☐ Marquetry
Alternative therapies	Stamp collecting	Model construction
Cookery		Mosaic
Democracy in action	Media & communication	Painting & design
☐ Digital lifestyle	Amateur radio	Patchwork
Driving: car maintenance/car	Blogging	Photography
road skills	Communicating with people who	Pottery
Driving: motorcycle maintenance/	are visually impaired	Quilting
road skills	Communicating with people who	☐ Rope work
Event planning	have a hearing impediment	Rug making
First aid – St John/St Andrew/	Film & video making	Snack pimping
BRCS	Journalism	Soft toy making
☐ Hair & beauty	Newsletter & magazine	Tatting
Learning about the emergency	production	Taxidermy
services	Signalling	Textiles
Learning about the RNLI	Vlogging	Weaving and spinning
(Lifeboats)	Writing	─ Wine/beer making
Library & information skills	vviitii ig	Woodwork
Life skills	Our allies and	
☐ Massage	Creative arts	
	Basket making	
Money management	☐ Boat work	
Navigation	Brass rubbing	
Public speaking and debating	Building catapaults & trebuchets	
Skills for employment	Cake decoration	
☐ Young Enterprise		
	Camping gear making	
	☐ Camping gear making ☐ Candle-making	
Learning & collecting	Candle-making	
	☐ Candle-making ☐ Canoe building	
Aeronautics	☐ Candle-making ☐ Canoe building ☐ Canvas work	
☐ Aeronautics ☐ Aircraft recognition	☐ Candle-making☐ Canoe building☐ Canvas work☐ Carnival/festival float construction	
☐ Aeronautics ☐ Aircraft recognition ☐ Anthropology	☐ Candle-making ☐ Canoe building ☐ Canvas work ☐ Carnival/festival float construction ☐ Ceramics	
Aeronautics Aircraft recognition Anthropology Archaeology	 ☐ Candle-making ☐ Canoe building ☐ Canvas work ☐ Carnival/festival float construction ☐ Ceramics ☐ Clay modelling 	
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