

SAFEGUARDING NEWSLETTER

Safeguarding is everybody's responsibility

Haydon Safeguarding Team:

Mrs Wall: mwall1.312@lgflmail.org

Miss McCarthy: zmccarthy3.312@lgflmail.org

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Useful Numbers:

Hillingdon Children's Services: 01895 556633

Harrow Children & Family Services:

020 8901 2690

Hertfordshire Children's: Services:

0300 123 4043

Ealing Children & Families Social Care:

020 8825 8000

Brent Children's Services: 020 8937 4300

KEEPING CHILDREN SAFE IN EDUCATION: APRIL 2020

Dear Parents, Carers and Students,

I would like to take this opportunity in these challenging and uncertain times that as a school we are still here and available to support you. Rest assured that all of the Haydon School staff are, (and will be) continuing their commitment to Safeguarding from wherever they are working. https://youngminds.org.uk/media/3695/how-to-support-your-child_corona.pdf

Contact:

If you need to contact school for a safeguarding concern, please continue to do so in the normal way, by contacting Mrs Wall, Assistant Head and Designated Safeguarding Lead via email on: mwall 1.312@lgflmail.org

Alternatively, for any urgent concerns you can contact Mrs Wall on the following school mobile number: 07976 514227

Only serious safeguarding concerns will be dealt with via this channel of communication. We will continue to action any safeguarding concerns as if we were in school.

Support

We would like to support you as much as we can. For our most vulnerable pupils (as identified by the government) and families we will endeavour to contact you once a week and check you have everything you need and have the means to access the support you may need. We will continue to liaise with our partner agencies to ensure you still feel supported by the school and beyond.

Should you wish to refer on any safeguarding concerns yourself, please see a list of contact numbers for all of our Local Authorities the top of this newsletter in the 'Useful Numbers' section. Please ensure that you contact the Local Authority for where you / the young person lives.





Online Safety:

At this time of social distancing and isolation it is of course understandable that everyone will be spending a lot more time on social media and online. With this in mind, it is even more important that we are all aware of the potential dangers that young people will be exposed to and could possibly face online.

Can I please take this opportunity to remind all parents and carers of the schools subscription to the National Online Safety Program. As such you are eligible to access the following free resources which I would strongly encourage you to do.

Please see a letter below from NOS in regards to their new platform.

Dear Parents & Carers,

We are delighted to announce that National Online Safety have just released their brandnew platform, and as a Certified School – our whole school community has now received a complimentary upgrade to their new website.

If you already have a National Online Safety account, you'll shortly receive an email inviting you to activate your new account- providing access to the new platform. The new platform will include your Online Safety Course for Parents and Carers and National Online Safety's Resources (which includes a huge range of online platform guides on the latest social media channels and games).

If you do not have a National Online Safety account yet - you can sign up with the below link:

http://nationalonlinesafety.com/enrol/haydon-school

Please ensure that you select the correct account type from the drop-down menu ('Parent')-to allocate you the correct courses.

We have attached a basic user guide to this letter to help you navigate the new website. If you have any trouble using the platform, or do not receive your account activation link-please contact support@nationalonlinesafety.com or 0800 3688061.





National Online Safety Lesson Plans for Home Schooling – Now Available for Parents

To assist parents and carers in their home-schooling efforts, we have now made available all lesson plans and resources to them via the NOS hub.

This means you can carry on teaching your children about online safety during their time at home with our easy to follow interactive resources which cover the following topics: Self Image & Identity, Online Relationships, Online Reputation, Online Bullying, Managing Online Information, Health, Wellbeing & Lifestyle, Privacy & Security and Copyright & Ownership.

See this video of how parents can now access the learning resources here: https://www.loom.com/share/78b2e4ff79314668a4626e2584458f83

NOS: Remote Learning Guides for Teachers, Parents and Children

We've added some very useful guides lately, and will continue to do so, in order to support you in your efforts over the coming months. If you missed them, you may find these guides particularly useful to you at this time:

Please see free guides on supporting remote learning below:

Pupils https://nationalonlinesafety.com/guides/10-top-tips-remote-learning-for-children

Staff https://nationalonlinesafety.com/guides/10-top-tips-remote-learning-for-teachers

Parents/Carers https://nationalonlinesafety.com/guides/10-top-tips-remote-learning-for-parents

Click Below for NOS User Guides:

Parent / Carer User Guide
Staff User Guide



NSPCC

The NSPCC (Childline) have a new reporting facility available so that under 18's can report if an image or video of them has been shared online in order for it to be removed from the Internet. It looks like the report goes to the IWF (Internet Watch Foundation) so I think this is a brilliant new resource and young people should be made aware of this.

See HERE for more information.

YouTube Moderation for Parents

Given the circumstance we find ourselves in, it is likely that children will spend more time on YouTube. Please see the attached video giving some tips on the few functions available within YouTube to help parents. Please feel free to share far and wide.

YouTube link HERE

HouseParty App

This app has been around for years, but has just reached number 1 in the download charts, suggesting that more children and young people are using it to communicate and socialise. Wayne Denner has put together an article which will be of use to parents. The article is HERE.

Share our <u>Thinkuknow Parents Helpsheets</u> as appropriate within your communities.

Please have a look at the <u>Thinkuknow website</u> for guidance and support with keeping children safe online.

CEOP https://www.ceop.police.uk/ceop-reportinglkit





Mental health and Wellbeing:

Other help can be found in the following places:

CAMHS (You will need to contact the relevant CAMHS in your Local Authority)

Kooth https://www.kooth.com

Kooth can help young people in these worrying times. Our counsellors are still online and can provide young people with support and advice. Given the restrictions on face-to-face engagement, our digital platform for young people to engage and seek emotional wellbeing support can be a fantastic alternative.

Papyrus https://papyrus-uk.org or phone 0800 068 4141

Samaritans https://www.samaritans.org https://www.samaritans.org / or phone 116 123

Childline https://www.childline.org.uk / or phone 0800 1111

Young Minds https://youngminds.org.uk or phone 020 7089 5050

Anna Freud Centre https://www.mentallyhealthyschools.org.uk/media/1960/coronavirus-mental-health-and-wellbeing-

resources.pdf?utm_source=twitter&utm_medium=social&utm_campaign=coronavirus&utm_term=AFC&utm_content=too

Barnardos https://www.barnardos.org.uk/contact-us

NSPCC https://www.nspcc.org.uk/what-we-do/about-us/contact-us

Police 999 / 911 Emergency services 999 / 911

Please do not sit at home and worry if you have a problem. There are plenty of people to help in a time of need and school will still be there to support as much as we can.

Finally, I have attached information from the London Borough of Hillingdon regarding a telephone service that they have made available to parents and carers at this time.



Educational Psychology Service - Telephone helpline for parents and carers

Do you, as a parent or carer at home with your children during the current school shut down, feel that you need someone to talk to about how you can cope during this challenging time for families?

Hillingdon Educational Psychology Service is providing a helpline for any parent or carer of children, who feel they would benefit from a consultation with a psychologist to support them with any concerns arising at this time, for them or their families.

Area of concern you may wish to discuss may include:

- Anxiety around the current situation and its impact on your children and family;
- Supporting you to support your children's emotional needs;
- Concerns about friendships, learning, daily structure and activities;
- The impact of change, loss or bereavement;
- How to best look after yourself so you can look after your children.

The concerns can be related to school or family life.

If you would like to access this service, please email: educationalpsychologyservice@hillingdon.gov.uk with the following information:

- Your name;
- The telephone number you would like to be contacted on;
- The name of your child's school;
- Times and dates you are **not** available for a consultation;
- A brief description of what you would like to focus on in the consultation.

We will aim to get back to you within two working days to confirm a date and time for your consultation.

The consultation service will, as far as possible, be confidential.

Hillingdon Children's Services: 01895 556633 Harrow Children & Family Services: 020 8901 2690 Hertfordshire Children's Services: 0300 123 4043 Ealing Children & Families Social Care: 020 8825 8000

Brent Children's Services: 020 8937 4300