

# Hillingdon Talks, Moves and Plays: Children's Integrated Therapy Service



Children's Integrated Therapy Service (CITS)  
Speech and Language Therapy, Physiotherapy and Occupational Therapy  
CITS Advice Line: 01895 488 200

CITs - [www.cnwl.nhs.uk/hillingdon-talks-moves-plays](http://www.cnwl.nhs.uk/hillingdon-talks-moves-plays)




Speech and Language Therapy - <https://www.cnwl.nhs.uk/services/community-services/hillingdon-talks>

Physiotherapy - <https://www.cnwl.nhs.uk/services/community-services/hillingdon-moves>

Occupational Therapy - <https://www.cnwl.nhs.uk/services/community-services/hillingdon-plays>

There is regularly updated information and support for parent/carer(s), education staff and professionals. This includes videos, advice sheets, strategies and resources and links to other useful websites and local services.

## We also have Social Media:

	@HillingdonTalks	@HillingdonMoves	@HillingdonPlays
	@Hillingdon_TalksMovesPlays		
			@HillingdonPlays