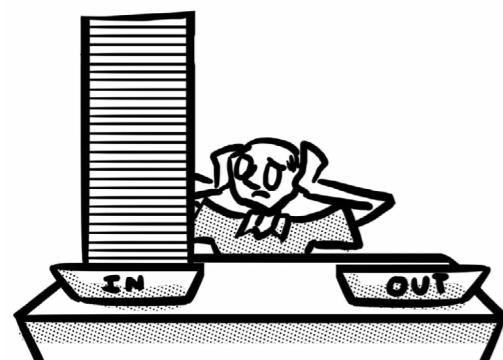


Chunking Technique

Information for Students

What is it?



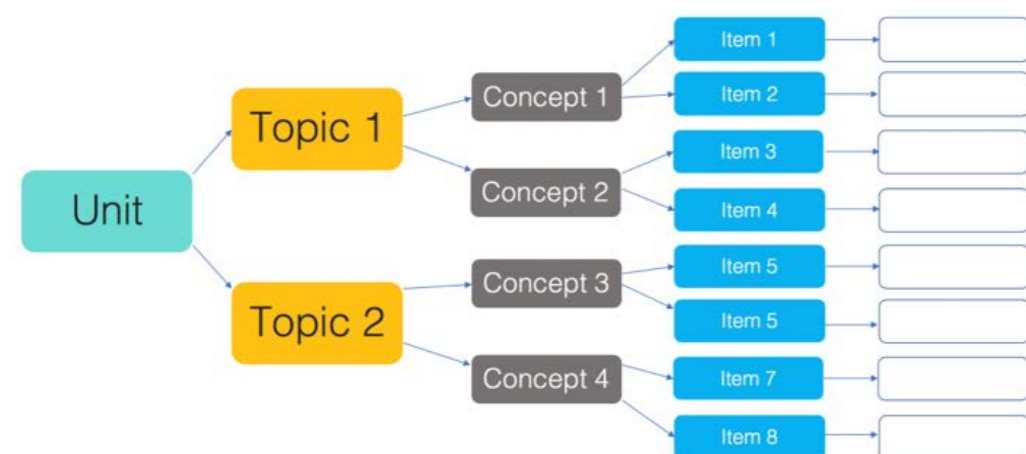
- It is a technique which can improve your memory.
- Chunking is the process of taking individual pieces of information (chunks) and grouping them into larger units.

The power of chunking to help you learn:

- Your memory system becomes far more efficient.
- It helps you to recall the relevant information in your exams.
- Information becomes easier to retain and recall.
- It improves your creativity.

The Process

1. Break down larger amounts of information into smaller units.
2. Identify similarities or patterns.
3. Organise the information.
4. Group information into manageable units.



Use **HEADINGS** and **TITLES** for different sections

Use **TABLES** to summarise **LARGE AMOUNTS** of DATA

Use **BULLET POINTS** to summarise and **CLARIFY IMPORTANT POINTS**

Combine quick **ILLUSTRATIONS** with **TEXT** to create **VISUAL ASSOCIATIONS**

Top Tips



1. Practice:

Challenge yourself to remember lists of things, whether a shopping list, vocabulary words or important dates.

As you become better at remembering larger chunks of information, continue to challenge yourself to remember even more.

2. Look for Connections:

As you are creating groupings, look for ways to relate them to each other in meaningful ways.

Think about what they have in common and what makes sense.

3. Associate:

Linking groups of items to things from your memory can also help make things more memorable.

4. Incorporate other Memory Strategies:

For example, you might use mnemonics as a way to chunk different units of information. If you need to remember a list of things—such as buying figs, lettuce, oranges, apples and tomatoes—you can create a word out of the first letters – e.g. “FLOAT”.

Once you remember the keyword, you will then be better able to recall the items represented by each letter of the acronym.

5. Separate your Revision

Separating revision into relevant sections can help you digest everything and remember it more easily.

Creating links between different bits of information and putting them in meaningful categories can help you remember them better.

Are you ready?

FOCUS

Chunking requires **YOUR** attention on the learning.

UNDERSTANDING

You need to fully understand information before chunking material.

CONTEXT

You need to go beyond understanding the initial problem or concept and seeing when, where and how to apply it.

Form Patterns. Develop your tactics. Make connections.