



Coronavirus (COVID-19)
CAAS Digital Service Offer

We are aware that this is a worrying time for many of us, with anxieties running high as lock-down has been extended.

With careful consideration, CAAS has reviewed our services and attached our updated service offer below.

We ask that you bear with us whilst we are getting our heads around all the new technologies.

Stay safe and well.
Therese, Lynne and the team at CAAS

Digital Services Brochure

Please click [here](#) to download CAAS digital services offer.
If you have any questions or queries, please do not hesitate to get in touch.

Individual Support

The majority of the CAAS team are now set up for remote working. We will be able to provide one to one support via email, phone or webchat.

If you are not currently in contact with someone but would like support, please contact enquiries@adhdandautism.org and we will arrange for someone to get in touch with you. We would ask that you bear with us as responses may be slower, as our team are working around their own families.

Facebook Group

CAAS has created a Facebook Support group to provide parents / carers with an additional support mechanism whilst we cannot run our face to face support groups. This group will be for adults only. We are looking into support options for our young people.

The group will be for those registered with CAAS and will be for the purpose of gaining support from one another during difficult times. We want to keep it specific to CAAS rather than opening it up as a general group so that we can ensure we provide the right support.

Members of the CAAS team will be available from 10.30 am till 12.30 pm on a Wednesday and Friday (Drop-in Group Times) to answer any queries or concerns. Outside of these times, they will just be moderating the group.

You can access the group via this link:

<https://www.facebook.com/groups/adhdandautismsupport/>

There will be short questions to answer then your request to join will be approved.