



Curriculum Map

Subject: Personal, Social, Health & Economic (PSHE) & Citizenship

Year Group: Year 7

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Content Descriptive/propositio nal knowledge	Identity - To understand their own and other people's identity - To know how to make contributions in family life Human Rights - To understand what human rights are - To know examples of human rights - To understand the concept of fairness Celebrating diversity - To understand how diverse our world is - To know what racism is - To understand the difference between prejudice and discrimination	Wellbeing and mental health - To understand what 'emotional wellbeing' and 'mental health' - To know what resilience is - To understand what feelings are and how to manage them - To know what impacts 'emotional wellbeing' Alcohol, tobacco and other drugs - To understand what drugs are - To understand different perceptions of drugs - To understand drugs and the law Healthy living	Relationships - To understand why friendship is important - To know unwritten rules and managing conflict - To understand different types of relationships - To know what an unhealthy relationship is - To understand peer pressure Sex Education - To understand what is different at year 7 - To know what happens at puberty - To understand how feelings change as we grow and mature	Future planning and careers - To understand what are my aspirations - To know how to set goals - To understand the path of an ex-Haydon student to a successful career Risk and Safety - To understand what is meant by risk - To know how to manage risky situations - To understand how to be assertive and deal with pressure	Parliamentary democracy - To understand what Parliament is - To know the history of Parliament - To understand the different parts of Parliament - To know what voting is - To understand how First Past the Post works - To know what a 'government' is - To understand what type of country do we want to live in	Money - To understand different ways to pay for things - To understand the difference between credit cards and debit cards - To understand how to use a bank account Justice - To understand what is the point of the law - To understand your rights and police powers - To understand what your legal rights are in the UK Communities - To understand the different features of UK communities - To understand about difference and

	- To understand ways to challenge racism	 To understand what do you need to keep healthy To know what healthy eating looks like To understand about what good dental health is 	- To know the menstrual cycle	- To know how to perform basic life support - To understand about bullying	our feelings towards difference - To know how to value each other
Skills Ability knowledge 'knowing how'	 To suggest key features of their own identity To explain how a family can run smoothly To create a timeline of all the key dates in human rights To explain the meaning of individual human rights represent To explain the unfairness of a set of rules and what would make them fair To explain the impact of racism and how to challenge it 	 To evaluate the impact of different life events on mental health and wellbeing To complete a self-assessment on resilience To analysis emotions and how to positively respond To order different categories of drugs To suggest ways to stop the spread of infections To develop a healthy eating meal plan 	 To explain the important parts of friendship To match a list of people and types of relationship To evaluate important parts of good relationships To analysis positive and negative features of relationships To create a guide for next year's year 7 on top tips for starting life at Haydon To research different menstrual products 	- To order the most important aspirations of Parliament - To set a	 To explain how a person can buy a product To explain the different features of bank accounts To explain the reasons behind why a person might commit a crime To apply advice to situations involving arrest To identify different and similar features of people To explain what makes 'you' unique

Key Questions	- What is identity?	- What is mental	- Is friendship	- What are my	- What is	-What payment
	- What are features	health?	important?	aspirations?	Parliament?	methods can be used
	of identity?	- What is mental	- What makes a good	- What are my	- How does	online?
	- What is fairness?	wellbeing?	friend?	goals?	Parliament fit	-What payment methods can be used
	- What are human	- What is resilience?	- What are important	- Are my goals	together?	in person?
	rights?	- What feelings have	qualities in	SMART?	- What is the	-What payment
	- What different	you experienced?	maintaining a good	- How did the ex-	Magna Carta?	method should I use
	types of human	- How do you	relationship?	Haydon student	- What does it	to buy something?
	rights are there?	manage your	- How do you	become	mean to vote?	-How should I use a
	- What is diversity?	feelings?	manage conflict?	successful?	- How does a	bank account
	- What is racism?	- What form do	- What is peer	- What is the best	person vote	successfully? -What is the point of
	- What is the	drugs come in?	pressure?	way to work	here in the	the law?
	difference between	- What effects do	- What are the signs	with others?	UK?	-Why do people obey
	prejudice and	drugs have?	of an unhealthy	- What is basic	- What is First	the law?
	discrimination?	- Why do people	relationship?	life support?	Past the Post?	-Why do people
	- How to challenge	take drugs?	- How is year 7	- What do we	- What is	commit crimes?
	racism and hatred?	- What is the	different compared	mean by risk?	democracy?	-What are the powers of the police?
		difference between	to primary school?	- What is the	- What is	-What are the rights
		legal and illegal	 What happens 	difference	freedom?	of the suspect?
		drugs?	during puberty?	between a	- What is a	-At what age do I
		- What is the law in	- What is	positive and	'government'?	have a certain legal
		relation to drugs?	menstruation?	negative risk?	- What is the	right?
		- What types of		- What is	difference	-What differences
		drugs are		bullying?	between a	can you identity between images of
		stimulants,		- What impact	government	different people?
		depressants and		does bullying	and a	-What do we have in
		psychedelics?		have?	parliament?	common with others?
		- What does being		- How do we	- What would	-How do I feel about
		healthy mean?		manage risky	you like to see	difference?
		- What is good		situations?	happen in this	-How can we value
		dental health?		- How can you be	country?	each other?
		- What should we		assertive?		
		include in a healthy		- How can you		
		diet?		say no?		

Assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment
Literacy/ Numeracy/ SMSC/ Character	Literacy – developing written explanation	Literacy – developing written explanation	Literacy – developing written explanation	Literacy – developing written explanation	Literacy – developing written explanation	Literacy – developing written explanation
	SMSC – an understanding of the importance of identifying and combatting discrimination	SMSC - Understanding of the consequences of their actions.	SMSC – Willingness to participate in a variety of social settings, cooperating well with others and being able to resolve conflicts effectively.	SMSC – understanding of the consequences of their actions.	SMSC - an understanding of how citizens can influence decision- making through the democratic process	SMSC - an appreciation that living under the rule of law protects individual citizens and is essential for their wellbeing and safety