

### Curriculum Map

**Subject:** Personal, Social, Health & Economic (PSHE) & Citizenship

**Year Group:** Year 8

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Content</b> <i>Descriptive/propositional knowledge</i>	<b>Identity</b> <ul style="list-style-type: none"> <li>- To know what 'gender identity' means</li> <li>- To understand the negative consequences of stereotypes and prejudices</li> <li>- To understand 'faith' and 'values' and where they come from</li> </ul> <b>Human Rights</b> <ul style="list-style-type: none"> <li>- To understand topical examples of human rights not being respected</li> <li>- To know how the Human Rights Act 1998 protects rights</li> <li>- To understand examples of human rights</li> </ul>	<b>Healthy living</b> <ul style="list-style-type: none"> <li>- To understand what you should eat to stay healthy</li> <li>- To know the benefits of exercise</li> <li>- To understand the benefits of sleep and how it changes for different age groups</li> </ul> <b>Alcohol, tobacco, and other drugs</b> <ul style="list-style-type: none"> <li>- To know the effects of drinking too much alcohol</li> <li>- To know the recommended health advice regarding alcohol consumption for adults</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>- To understand what makes a healthy relationship</li> <li>- To understand different types of families</li> <li>- To understand what abuse is within relationships</li> <li>- To understand what 'domestic violence' is</li> </ul> <b>Sex Education</b> <ul style="list-style-type: none"> <li>- To know the reasons why people have sex</li> <li>- To understand your choices with sex</li> <li>- To understand a variety of types of contraception</li> </ul>	<b>Future planning and careers</b> <ul style="list-style-type: none"> <li>- To understand how to make choices for my GCSEs</li> <li>- To know how the options process works at Haydon</li> <li>- To understand the path of an ex-Haydon student to a successful career</li> </ul> <b>Risk and Safety</b> <ul style="list-style-type: none"> <li>- To understand what 'sexual harassment' is</li> <li>- To know what bullying is</li> <li>- To be able to identify strategies for</li> </ul>	<b>Parliamentary democracy</b> <ul style="list-style-type: none"> <li>- To understand what the House of Commons is</li> <li>- To know what a 'Member of Parliament' (MP) is</li> <li>- To understand what political parties are</li> <li>- To know what a general election is</li> <li>- To understand how London Mayoral elections work</li> </ul>	<b>New scheme of work to be developed:</b> <ul style="list-style-type: none"> <li>- Money</li> <li>- Justice</li> <li>- Communities &amp; volunteering</li> <li>- UK's relationship with the wider world</li> </ul>

	<p>through an investigation</p> <p>Celebrating diversity</p> <ul style="list-style-type: none"> <li>- To understand different ethnic backgrounds</li> <li>- To know what homophobia is</li> <li>- To understand ways to challenge homophobia</li> <li>- To understand facts about immigration</li> <li>- To know the difference between an economic migrant, asylum seeker and refugee</li> </ul>	<ul style="list-style-type: none"> <li>- To understand the effects of nicotine, tar, and carbon monoxide on the body</li> </ul> <p>Wellbeing and mental health</p> <ul style="list-style-type: none"> <li>- To understand what 'loss' and 'bereavement' mean</li> <li>- To know about ways that people may cope with loss and bereavement</li> <li>- To know how to recognise some signs of common mental health problems</li> <li>- To understand a range of strategies for boosting emotional resilience</li> </ul>	<ul style="list-style-type: none"> <li>- To understand how feelings change as we grow and mature</li> <li>- To understand how fertilisation leads to pregnancy and birth</li> <li>- To know the physical and emotional changes of puberty</li> </ul>	<p>the prevention of bullying</p> <ul style="list-style-type: none"> <li>- To understand what a bystander is and what they can do</li> <li>- To understand what 'gambling' means</li> <li>- To know the risks attached to gambling</li> <li>- To know what knife crime is</li> <li>- To understand the law concerning knives</li> </ul>	<ul style="list-style-type: none"> <li>- To know how the government works</li> <li>- To understand how a citizen can express their concerns</li> <li>- To understand what a pressure group is</li> </ul>	
<p>Skills</p> <p><i>Ability knowledge</i></p> <p><i>'knowing how'</i></p>	<ul style="list-style-type: none"> <li>- To explain what gender identity is</li> <li>- To explain the meaning of stereotypes</li> <li>- To order the most important values that they hold</li> </ul>	<ul style="list-style-type: none"> <li>- To analyse a food label and explain how healthy it is</li> <li>- To self-evaluate the amount of exercise they are doing</li> </ul>	<ul style="list-style-type: none"> <li>- To explain whether certain behaviours represent positive or negative of relationships</li> <li>- To recognise and respond to risk online</li> </ul>	<ul style="list-style-type: none"> <li>- To self-reflect the current subjects that they are successful at and/or enjoy doing</li> <li>- To analyse the subjects, they</li> </ul>	<ul style="list-style-type: none"> <li>- To explain key facts about the House of Commons</li> <li>- To explain the process of becoming an MP</li> </ul>	

	<ul style="list-style-type: none"> <li>- To explain how the Human Rights Act works</li> <li>- To evaluate whether human rights are being enjoyed or denied in various scenarios</li> <li>- To analyse different ethnic identities</li> <li>- To explain immigration and facts surrounding debates on immigration</li> <li>- To analyse experiences of LGBTQ+ students of growing up</li> <li>- To analyse the choices refugees may have to make to seek safety</li> </ul>	<ul style="list-style-type: none"> <li>- To order the most important benefits of sleep</li> <li>- To analyse the impact of excessive alcohol drinking on different parts of the body</li> <li>- To apply NHS alcohol advice on different case studies</li> <li>- To link the diseases smoking is associated with</li> <li>- To explain why smoking is so hard to give up</li> <li>- To analyse the signs of mental illness through different scenarios</li> <li>- To develop a coping strategy for building resilience</li> <li>- To develop their own mental health leaflet</li> <li>- To explain different ways to deal with bereavement and loss</li> </ul>	<ul style="list-style-type: none"> <li>- To order in importance the roles parents and carers have</li> <li>- To analyse various scenarios to determine whether the behaviour is abusive or not</li> <li>- To be able to explain abuse</li> <li>- To know how best support others who are experiencing abuse</li> <li>- To distinguish between unhealthy and healthy reasons to have sex</li> <li>- To explain different forms of contraception</li> <li>- To explain the different stages that leads up to and includes the birth of a baby</li> </ul>	<p>may wish to study at GCSE</p> <ul style="list-style-type: none"> <li>- To research future career options and an action plan to find the right career to suit</li> <li>- To explain what sexual harassment is</li> <li>- To know how to encourage a bystander to stand up to bullying</li> <li>- To explain to others the laws around knives</li> <li>- To explain the risks associated with gambling</li> </ul>	<ul style="list-style-type: none"> <li>- To debate whether young people are interested in politics or not</li> <li>- To self-evaluate which political party appeals the most</li> <li>- To explain how general elections and the voting system works in England</li> <li>- To analyse the roles of each minister in government</li> <li>- To self-evaluate the most important concerns facing the country</li> </ul>	
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<p>Key Questions</p>	<ul style="list-style-type: none"> <li>- What is gender identity?</li> <li>- What is a stereotype?</li> <li>- What is 'faith' and 'values'?</li> <li>- What examples are there of human rights being denied in the world?</li> <li>- What is the Human Rights Act 1998?</li> <li>- What ethnic roots do you have?</li> <li>- What is immigration?</li> <li>- What does LGBTQ+ stand for?</li> <li>- How can a student at Haydon challenge homophobia?</li> <li>- What is the difference between an economic migrant, asylum seeker and refugee</li> </ul>	<ul style="list-style-type: none"> <li>- What does a balanced diet contain?</li> <li>- What is a healthy amount of exercise?</li> <li>- What impact does sleep have upon health and wellbeing?</li> <li>- What impact does excessive alcohol consumption have on the adult body?</li> <li>- What is the recommended alcohol drinking guidance for adults?</li> <li>- What are the effects of smoking on the body?</li> <li>- What components of smoking lead to disease?</li> <li>- What are the benefits of quitting smoking?</li> <li>- What are physical signs of depression?</li> <li>- What are the signs of poor mental health?</li> </ul>	<ul style="list-style-type: none"> <li>- What makes a healthy relationship?</li> <li>- How can you stay safe online?</li> <li>- What does 'family' mean?</li> <li>- What does abuse in relationships look like?</li> <li>- What is domestic abuse?</li> <li>- Why do people have sex?</li> <li>- What is UK law relating to sex?</li> <li>- How can peer pressure and sex link?</li> <li>- What is puberty?</li> <li>- What are the different forms of contraception available?</li> <li>- Where can I get them from?</li> <li>- What is the difference between conception, pregnancy, and birth?</li> <li>- What is ectopic and molar pregnancy?</li> </ul>	<ul style="list-style-type: none"> <li>- What things to consider when making GCSE choices?</li> <li>- Where is there information at Haydon on GCSE option choices?</li> <li>- Who is the Haydon school careers adviser?</li> <li>- What is the difference between a career, vocation, and job?</li> <li>- How did the ex-Haydon student become successful?</li> <li>- What is sexual harassment?</li> <li>- What is a 'bystander'?</li> <li>- Who is affected by knife crime?</li> <li>- What is gambling?</li> <li>- What is the law around knives?</li> </ul>	<ul style="list-style-type: none"> <li>- What happens in the House of Commons?</li> <li>- What is an MP and how do you become one?</li> <li>- What do the political parties stand for?</li> <li>- What is a regional mayor?</li> <li>- What is the role of a regional mayor?</li> <li>- What is First Past the Post?</li> <li>- What is a government?</li> <li>- What concerns do you have about the country?</li> </ul>	
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Assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment
Literacy/ Numeracy/ SMSC/Character	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC – an understanding of the importance of identifying and combatting discrimination</p> <p>Enrichment – check on availability of outside speakers e.g., Show Racism the Red Card, Amnesty International,</p> <p>Futures – link to careers in human rights</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC - Understanding of the consequences of their actions.</p> <p>Enrichment – check on availability of outside speakers e.g., dentists, organisation Drugs and Me. Link between mental wellbeing to Safeguarding week.</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC – Willingness to participate in a variety of social settings, cooperating well with others and being able to resolve conflicts effectively.</p> <p>Enrichment – check on availability of outside speakers e.g., Brook</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC – understanding of the consequences of their actions.</p> <p>Enrichment – check on availability of outside speakers e.g., Careers Advisers,</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC - an understanding of how citizens can influence decision-making through the democratic process</p> <p>Enrichment – potential trip to the Houses of Parliament (numbers limited), check on availability of outside speakers</p>	

					e.g., MP, local councillors	
					Futures – link to careers in politics	