

### Curriculum Map

**Subject: Personal, Social, Health & Economic (PSHE) & Citizenship**

**Year Group: Year 7**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Content</b> <i>Descriptive/propositional knowledge</i>	<b>Identity</b> <ul style="list-style-type: none"> <li>- To understand their own and other people's identity</li> <li>- To know how to show appreciation in relationships</li> </ul> <b>Human Rights</b> <ul style="list-style-type: none"> <li>- To understand what human rights are</li> <li>- To know examples of human rights</li> </ul> <b>Celebrating diversity</b> <ul style="list-style-type: none"> <li>- To understand how diverse our world is</li> <li>- To know what racism is</li> <li>- To understand the difference between prejudice and discrimination</li> </ul>	<b>Healthy living</b> <ul style="list-style-type: none"> <li>- To understand what do you need to keep healthy</li> <li>- To know what healthy eating looks like</li> <li>- To understand about what good dental health is</li> </ul> <b>Alcohol, tobacco and other drugs</b> <ul style="list-style-type: none"> <li>- To understand what drugs are</li> <li>- To understand different perceptions of drugs</li> <li>- To understand drugs and the law</li> </ul> <b>Wellbeing and mental health</b> <ul style="list-style-type: none"> <li>- To understand what 'emotional</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>- To understand why friendship is important</li> <li>- To know unwritten rules and managing conflict</li> <li>- To understand different types of relationships</li> <li>- To know what an unhealthy relationship is</li> <li>- To understand peer pressure</li> </ul> <b>Sex Education</b> <ul style="list-style-type: none"> <li>- To understand what is different at year 7</li> <li>- To know what happens at puberty</li> <li>- To understand how feelings change as we grow and mature</li> </ul>	<b>Future planning and careers</b> <ul style="list-style-type: none"> <li>- To understand what are my aspirations</li> <li>- To know how to set goals</li> <li>- To understand the path of an ex-Haydon student to a successful career</li> </ul> <b>Risk and Safety</b> <ul style="list-style-type: none"> <li>- To understand what is meant by risk</li> <li>- To know how to manage risky situations</li> <li>- To understand how to be assertive and deal with pressure</li> </ul>	<b>Parliamentary democracy</b> <ul style="list-style-type: none"> <li>- To understand what Parliament is</li> <li>- To know the history of Parliament</li> <li>- To understand the different parts of Parliament</li> <li>- To know what voting is</li> <li>- To understand how First Past the Post works</li> <li>- To know what a 'government' is</li> <li>- To understand what type of country do we want to live in</li> </ul>	<b>New scheme of work to be developed:</b> <ul style="list-style-type: none"> <li>- Money</li> <li>- Justice</li> <li>- Communities &amp; volunteering</li> <li>- UK's relationship with the wider world</li> </ul>

	<ul style="list-style-type: none"> <li>- To understand ways to challenge racism</li> </ul>	<p>wellbeing' and 'mental health'</p> <ul style="list-style-type: none"> <li>- To know what resilience is</li> <li>- To understand what feelings are and how to manage them</li> <li>- To know what impacts 'emotional wellbeing'</li> </ul>	<ul style="list-style-type: none"> <li>- To know the menstrual cycle</li> </ul>	<ul style="list-style-type: none"> <li>- To know how to perform basic life support</li> <li>- To understand about bullying</li> </ul>		
<p>Skills <i>Ability knowledge</i> <i>'knowing how'</i></p>	<ul style="list-style-type: none"> <li>- To order important parts of a friendship</li> <li>- To explain how a family can run smoothly</li> <li>- To create a timeline of all the key dates in human rights</li> <li>- To explain the meaning of individual human rights represent</li> <li>- To explain the impact of racism and how to challenge it</li> </ul>	<ul style="list-style-type: none"> <li>- To suggest ways to stop the spread of infections</li> <li>- To develop a healthy eating meal plan</li> <li>- To order different categories of drugs</li> <li>- To evaluate the impact of different life events on mental health and wellbeing</li> <li>- To complete a self-assessment on resilience</li> <li>- To analysis emotions and how to positively respond</li> </ul>	<ul style="list-style-type: none"> <li>- To explain the important parts of friendship</li> <li>- To match a list of people and types of relationship</li> <li>- To evaluate important parts of good relationships</li> <li>- To analysis positive and negative features of relationships</li> <li>- To create a guide for next year's year 7 on top tips for starting life at Haydon</li> <li>- To research different menstrual products</li> </ul>	<ul style="list-style-type: none"> <li>- To order the most important aspirations</li> <li>- To set a SMART goal for something to achieve</li> <li>- To examine ways to achieve success</li> <li>- To evaluate examples of positive and negative risks</li> <li>- To evaluate risky situations</li> <li>- To complete a self-assessment on refusing something harmful</li> </ul>	<ul style="list-style-type: none"> <li>- To articulate the importance of Parliament</li> <li>- To research key information about Parliament</li> <li>- To take part in a mock election to understand the voting process</li> <li>- To negotiate the best three things government should do</li> <li>- To decide the most important</li> </ul>	

					parts of a democracy	
Key Questions	<ul style="list-style-type: none"> <li>- What is identity?</li> <li>- What is fairness?</li> <li>- What are human rights?</li> <li>- What different types of human rights are there?</li> <li>- What is diversity?</li> <li>- What is racism?</li> <li>- What is the difference between prejudice and discrimination?</li> <li>- How to challenge racism and hatred?</li> </ul>	<ul style="list-style-type: none"> <li>- What does being healthy mean?</li> <li>- What is good dental health?</li> <li>- What should we include in a healthy diet?</li> <li>- What form do drugs come in?</li> <li>- What effects do drugs have?</li> <li>- Why do people take drugs?</li> <li>- What is the difference between legal and illegal drugs?</li> <li>- What is the law in relation to drugs?</li> <li>- What types of drugs are stimulants, depressants and psychedelics?</li> <li>- What is mental health?</li> <li>- What is mental wellbeing?</li> <li>- What is resilience?</li> <li>- What feelings have you experienced?</li> </ul>	<ul style="list-style-type: none"> <li>- Is friendship important?</li> <li>- What makes a good friend?</li> <li>- What are important qualities in maintaining a good relationship?</li> <li>- How do you manage conflict?</li> <li>- What is peer pressure?</li> <li>- What are the signs of an unhealthy relationship?</li> <li>- How is year 7 different compared to primary school?</li> <li>- What happens during puberty?</li> <li>- What is menstruation?</li> </ul>	<ul style="list-style-type: none"> <li>- What are my aspirations?</li> <li>- What are my goals?</li> <li>- Are my goals SMART?</li> <li>- How did the ex-Haydon student become successful?</li> <li>- What is the best way to work with others?</li> <li>- What is basic life support?</li> <li>- What do we mean by risk?</li> <li>- What is the difference between a positive and negative risk?</li> <li>- What is bullying?</li> <li>- What impact does bullying have?</li> <li>- How do we manage risky situations?</li> </ul>	<ul style="list-style-type: none"> <li>- What is Parliament?</li> <li>- How does Parliament fit together?</li> <li>- What is the Magna Carta?</li> <li>- What does it mean to vote?</li> <li>- How does a person vote here in the UK?</li> <li>- What is First Past the Post?</li> <li>- What is democracy?</li> <li>- What is freedom?</li> <li>- What is a 'government'?</li> <li>- What is the difference between a government and a parliament?</li> <li>- What would you like to see happen in this country?</li> </ul>	

		- How do you manage your feelings?		- How can you be assertive? - How can you say no?		
Assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment	Online satchel assessment
Literacy/ Numeracy/ SMSC/Character	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC – an understanding of the importance of identifying and combatting discrimination</p> <p>Enrichment – check on availability of outside speakers e.g. Show Racism the Red Card, Amnesty International,</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC - Understanding of the consequences of their actions. Enrichment – check on availability of outside speakers e.g. dentists, organisation Drugs and Me. Link between mental wellbeing to Safeguarding week.</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC – Willingness to participate in a variety of social settings, cooperating well with others and being able to resolve conflicts effectively.</p> <p>Enrichment – check on availability of outside speakers e.g. Brook</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC – understanding of the consequences of their actions.</p> <p>Enrichment – check on availability of outside speakers e.g. Careers Advisers,</p>	<p>Literacy – developing written explanation and communication skills</p> <p>SMSC - an understanding of how citizens can influence decision-making through the democratic process</p> <p>Enrichment – potential trip to the Houses of Parliament (numbers limited), check on availability of outside speakers e.g. MP, local councillors</p>	

