

Using interpreters

An interpreter can be provided to help in meetings or over the telephone. Please let your child's speech and language therapist know if you would like us to arrange this for you.

Contact us

Tel: 01895 488200

Email: citsadmin.cnwl@nhs.net

Useful links

Hillingdon Talks, Moves and Plays

You can find lots more information about our service – along with lots of resources and strategies to support your child on our website: www.cnwl.nhs.uk/hillingdon-talks-moves-plays

Like us on Facebook
[f /HillingdonTalks](https://www.facebook.com/HillingdonTalks)



Tell us, we're listening!

Our staff want to know how they are doing. Tell us what you think at www.cnwl.nhs.uk/feedback and then we'll know what we have to do.

If you are happy with the service you have received and would like to tell us, please speak to a member of staff in the first instance or contact our Patient Feedback and Complaints Service.

If you are unhappy with our services, please speak to the service manager in the first instance. If this does not resolve your problem, please contact our Patient Feedback and Complaints Service on **0300 013 4799** or at feedback.cnwl@nhs.net

This document is also available in other languages, large print, Braille, and audio format upon request. Please email communications.cnwl@nhs.net

هذه الوثيقة متاحة أيضاً بلغات أخرى والأحرف الطباعية الكبيرة وبطريقة برايل للمكفوفين وبصيغة سمعية عند الطلب

Arabic

این مدرک همچنین بنا به درخواست به زبانهای دیگر، در چاپ درشت و در فرمت صوتی موجود است.

Farsi

এই ডকুমেন্ট অন্য ভাষায়, বড় প্রিন্ট আকারে, ব্রেল এবং অডিও টেপ আকারেও অনুরোধ পাওয়া যায়

Bengali

Dokumentigaan waxaa xitaa lagu heli karaa luqado kale, daabacad far waa-wayn, farta indhoolaha (Braille) iyo hab dhegaysi ah markii la soo codsado.

Somali

Mediante solicitação, este documento encontra-se também disponível noutras línguas, num formato de impressão maior, em Braille e em áudio.

Portuguese

நீங்கள் கேட்டுக்கொண்டால், இந்த ஆவணம் வேறு மொழிகளிலும், பெரிய எழுத்து அச்சிலும் அல்லது ஒலிநாடா வடிவிலும் அளிக்கப்படும்.

Tamil

Este documento también está disponible y puede solicitarse en otros idiomas, letra grande, braille y formato de audio.

Spanish

Dokument ten jest na życzenie udostępniany także w innych wersjach językowych, w dużym druku, w alfabecie Braille'a lub w formacie audio.

Polish

આ દસ્તાવેજ વિનંતી કરવાથી બીજી ભાષાઓ, મોટા છાપેલા અક્ષરો અથવા ઓડિઓ રચનામાં પણ મળી રહેશે.

Gujarati

Be belge istenirse, başka dillerde, iri harflerle, Braille ile (görme engelliler için) ve ses kasetinde de temin edilebilir.

Turkish

Central and North West London NHS Foundation Trust,
350 Euston Road, Regent's Place, London NW1 3AX
Tel: 020 3214 5700 www.cnwl.nhs.uk

©Central and North West London
NHS Foundation Trust
Ref: 1907_MAY2020 | May 2020

NHS

**Central and
North West London**
NHS Foundation Trust

Children's Integrated Therapy Service (CITS)

Mainstream Schools Speech and Language Therapy Service

Information for parents



Wellbeing for life

We provide speech and language therapy support within mainstream primary and secondary state schools in Hillingdon. We help children and young people who have speech, language and communication difficulties.

We work closely with schools and provide advice and support to help your child to understand and access the school curriculum, communicate with teachers and friends, and play and socialise.

Parents/carers can get advice about their child's communication without needing a referral by:

- calling the Advice Line on **01895 488 200** and a therapist will call you back
- looking at the Hillingdon Talks, Moves and Plays website.



The children and young people we help may have difficulties with:

- Understanding what the teacher is saying in lessons
- Explaining or expressing their ideas and thoughts
- Using word endings and small grammatical words when they are talking and writing
- Making friends, understanding social rules, and having conversations. For example, problems with taking turns, staying on the same topic, keeping eye contact etc
- Saying sounds clearly, speaking fluently and speaking in school.

How we work

We work in partnership with your child's school to empower staff to support your child's speech, language and communication needs. We support school staff to use strategies, activities and advice that can be used across the school day, including running school led interventions.

Each school is allocated an amount of speech and language therapy time per year depending on the children's/schools needs.

Therapists will work in different ways in schools according to the needs of the child or young person and the school. The needs of the children and the level/type of support to be offered are discussed by the therapist and agreed with the school's special educational needs coordinator (SENCO).

Many children will be able to have their communication needs supported by school led interventions with advice from the therapist only when needed.

Children who have an Education, Health and Care Plan (EHCP) with speech and language therapy identified as a requirement will receive their full therapy provision.

Some of the ways the speech and language therapist may work include:

- Modelling therapy sessions for school staff. This helps school staff to run follow up

therapy intervention sessions and for strategies to be used in the classroom

- Attending meetings to discuss the best ways to support your child's progress
- Jointly setting and reviewing targets and outcomes with parents, carers, school staff and other professionals
- Supporting school staff to set up and run school led intervention sessions to support children without needing a referral to speech and language therapy
- Advising school staff on strategies to support children's communication skills in lessons and across the school day
- Running school staff drop in sessions where staff can get advice from the therapist about any child they are concerned about without needing a referral to speech and language therapy
- Running training sessions for school staff/parents on how to support children with speech, language and communication difficulties.

What if my child is not attending a Hillingdon state school?

Special schools and Special Resource Provisions (SRP's) in Hillingdon employ their own speech and language therapists directly. For children without an EHCP attending independent or out of borough schools, the service can offer a termly review in a clinic or health centre with a home and/or school programme.

Who else do we work with?

We work alongside a range of professionals including teachers, learning support assistants, SENCOs, educational psychologists and paediatricians. To make sure that your child receives the best care, it may sometimes be helpful for us to contact other professionals about your child and share information together. We will seek your consent beforehand.

Keeping in contact

Your school's link speech and language therapist will send you a care plan to inform you about your child's therapy. You are welcome to contact the therapist if you would like to meet with them or talk to them on the phone. You will also receive a copy of any reports about your child.

If you want to speak to your child's speech and language therapist with any questions or concerns, or to update us on any issues you can leave us a message on **01895 488 200** and the therapist will get back to you as soon as they can.

